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Allergy skin testing requires that medications containing antihistamine properties (allergy tablets, eye drops, nasal sprays, acid reflux tablets) need to be stopped prior to the day of testing in order for the test to be accurately interpreted. However, many other medications do not need to be stopped. Please see the lists below and contact our office if you have any questions regarding which medications to stop or to continue taking prior to your appointment.

Please stop the following medications for at least 7 days prior to allergy testing:

Actifed	Biohist	Durahist	Pataday	Sominex
Adapin	Bonine	Duratan	Pediacare	Sudafed Cold &
Advil Allergy	Bromfed	Duravent	Pediatan	Allergy
Advil PM	Brompheniramine	Dytan	Periactin	Surmontil
Ah-Chew	Carbinoxamine	Elavil	Phenergan	Tacaryl
Alavert	Cetirizine	Etrafon	Polyhistine	Tandur
Allegra	Chlorpheniramine	Excedrin PM	Promethazine	Tavist
Allerhist	Chlortrimeton	Extendryl	Protriptyline	Temaril
Allertan	Clarinet	Fexofenadine	Pyribenzamine	Theraflu
Allerx	Claritin	Hydroxizine	Remeron	Tofranil
Amitriptyline	Clemastine	Imipramine	Rescon	Triaminic
Anafranil	Clomipramine	Limbitrol	Resperidone	Triavil
Antivert	Cogentin	Lodrane	Risperdal	Trimipramine
Asendin	Comtrex	Loratadine	Robitussin Cough,	Trinalin
Astelin Nasal	Contact	Ludiomil	Cold & Allergy	Tylenol Allergy
Astepro Nasal	Coricidin	Marezine	Rondec	Tylenol Cold
Atarax	Cyproheptadine	Norpramin	Rutuss	Tylenol PM
Atrohist	Deconamine	Nortriptyline	Ryna	Unisom
Azelastine Nasal	Desipramine	Nyquil	Rynatan	Vicks
Aventyl	Dimetapp	Optivar	Ryneze	Vivactil
BC Cold	Diphenhydramine	Optimine	Semprex	Xyzal
Benadryl	Doxepin	Pamelor	Seroquel	Zaditor
Bentyl	Dramamine	Patanase Nasal	Sinequan	Zonolon
Benzotropin	Drixoral	Patanol	Singlet	Zyrtec

Please stop the following acid reflux medications for at least 5 days prior to allergy testing:

Cimetidine	Tagament	Famotidine	Pepcid	Ranitidine	Zantac	Axid	Nizatidine
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Do Not Stop any ASTHMA MEDICATIONS : Advair, Symbicort, Dulera, Flovent, QVAR, Pulmicort, Budesonide, Albuterol, Xopenex, Singulair or Zflo.

Do Not Stop any ORAL STEROIDS: Prednisone, Orapred, Prednisolone, Methylprednisolone or Medrol.

Do Not Stop any STEROID NASAL SPRAYS : Flonase, Fluticasone, Nasonex, Omnaris, Veramyst or Rhinocort.